

Θερμική καταπόνηση



ΣΕΙΡΑ: ΤΕΚΜΗΡΙΩΣΗ ΥΑΕ 2

Το θεματικό βιβλιογραφικό δελτίο περιλαμβάνει μονογραφίες και άρθρα που αφορούν στη **Θερμική Καταπόνηση** και αποτελούν μέρος της συλλογής της Βιβλιοθήκης του ΕΛ.ΙΝ.Υ.Α.Ε., καθώς και χρήσιμες διασυνδέσεις. Αρκετές αναφορές είναι σε ηλεκτρονική μορφή και μπορεί ο ενδιαφερόμενος να έχει άμεση πρόσβαση στο ντοκουμέντο.

Το δελτίο υπάρχει στον ιστότοπο του ΕΛ.ΙΝ.Υ.Α.Ε. <http://www.elinyae.gr/>

Συλλογή, επεξεργασία και επιμέλεια υλικού: Φανή Θωμαδάκη, βιβλιοθηκονόμος.

Περιεχόμενα

1. Βιβλιογραφία.....	2
2. Χρήσιμες διασυνδέσεις.....	9

ΒΙΒΛΙΟΓΡΑΦΙΑ

The assessment of heat radiation / H. Neffgen, A. Forsthoff, International Journal of Industrial Ergonomics, 1999, 23(5-6), σ. 407-414

Body heat balance of a man with deficient sweat rate subjected to physical work in a hot environment / K. Soltynski, M. Konarska, International Journal of Occupational Safety and Ergonomics, 2000, 6(3), σ. 335-345

Case closed : battling workplace heat stress is a matter of preparation. It can take up to three weeks for a worker to become acclimated to high-heat working conditions / Ed Cole, Occupational Health and Safety, 2001, 70(3), σ. 8660

Climate change and occupational health of outdoor workers: an urgent call to action for European policymakers/ F. Chirico, G. Taino, Environmental Disease, 2018, 3(4), 4 p.

http://www.environmentmed.org/temp/EnvironDis3477-7382252_203022.pdf

(Πρόσβαση, 20/05/2020)

Clothing convective heat exchange - proposal for improved prediction in standards and models / H. Nilsson, ...[et.al.], The Annals of Occupational Hygiene, 1999, 43(5), σ. 329-337

Clothing evaporative heat resistance - proposal for improved representation in standards and models / I. Holmer, ...[et.al.], The Annals of Occupational Hygiene, 1999, 43(5), σ. 339-346

Cool it! A TUC guide for trade union activists on dealing with high temperatures in the workplace /TUC, 2017

https://www.tuc.org.uk/sites/default/files/coolit_0.pdf (Πρόσβαση, 22/05/2020)

Criteria for a recommended standard occupational exposure to heat and hot environments : revised criteria 2016/ B. Jacklitsch, ...[et.al.]- Cincinnati, OH : Department of Health and Human Services, CDC, NIOSH, 2016, 192 p.

Development of a draft british standard : the assessment of heat strain for workers wearig personal protective equipment / M.A. Hanson, The Annals of Occupational Hygiene, 1999, 43(5), σ. 309-319

Effects of heat stress on working populations when facing climate change/ K. Lundgren, ...[et.al.], Industrial Health, 2013, 51(1), 3-15 (review article)

https://www.jstage.jst.go.jp/article/indhealth/51/1/51_2012-0089/_pdf-char/en

(Πρόσβαση, 23/05/2020)

The effect of hot days on occupational heat stress in the manufacturing industry : implications for workers' well-being and productivity/ International Journal of Biometeorology, 2018, 62(7), 1251-1264

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6028887/pdf/484_2018_Article_1530.pdf

(Πρόσβαση, 20/05/2020)

The effects of wind and human movement on the heat and vapour transfer properties of clothing / H. Nilsson, The Annals of Occupational Hygiene, 1999, 43(5), σ. 347-352

The epidemiology of occupational heat exposure in the United States : a review of the literature and assessment of research needs in a changing climate / D.M. Cubenot, G.B. Anderson, K.L. Hunting, International Journal of Biometeorology, 2014, 58(8), 1779-1788

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4145032/pdf/nihms611744.pdf>

(Πρόσβαση, 21/05/2020)

ETUC resolution on the need for EU- Action to protect workers from high temperatures : adopted at the Executive Committee Meeting of 18-19 December 2019/ ETUC, 2 p.

<https://www.etuc.org/system/files/document/file2019-05/Accord%20ETUC%20Resolution%20on%20the%20Need%20for%20EU%20Action%20to%20Protect%20Workers%20from%20High%20Temperatures.pdf>

(Πρόσβαση, 21/05/2020)

Evaluation of occupational exposure limits for heat stress in outdoorworkers – United States, 2011-2016/A.W. Tustin, ...[et.al.], Morbidity and Mortality Weekly Report, 2018, 67(26), 733-737

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6048976/pdf/mm6726a1.pdf>

(Πρόσβαση, 20/05/2020)

The evaluation of workplaces subjected to heat stress : can ISO 7933(1989) adequately describe heat strain in industrial workplaces? / C. Piekarski, B. Kampmann, Applied Ergonomics : Human Factors in Technology and Society, 2000, 31(1), σ. 59-71

Evaporative resistance and sustainable work under heat stress conditions for two cloth anticontamination ensembles / F. Matheen, T.E. Bernard, International Journal of Industrial Ergonomics, 1999, 23(5-6), σ. 557-564

Excessive occupational heat exposure: a significant ergonomic challenge and health risk for current and future workers/ R. A.I. Lucas, Y. Epstein, T. Kjellstrom, Extreme Physiology & Medicine, 2014, 3, 14, 8 p. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4107471/pdf/2046-7648-3-14.pdf>

(Πρόσβαση, 20/05/2020)

Future heatwaves, droughts and floods in 571 European cities, Environmental Research Letters, 2018, 13, 10 p. <https://iopscience.iop.org/article/10.1088/1748-9326/aaaad3/pdf>

(Πρόσβαση, 20/05/2020)

Guide to prevention of heat stress at work / Workers Compensation Board of Prince Edward Island, 7 p.

http://www.wcb.pe.ca/DocumentManagement/Document/pub_guidetopreventionofheatstressatwork.pdf (Πρόσβαση, 22/05/2020)

Hazardous waste abatement : simulation in three controlled environments. Heat stress is a major risk faced by waste abatement workers / R.L. Stanevich, ...[et.al.], Professional safety : Journal of the American Society of Safety Engineers, 1996, 41(6), σ. 33-36

Health impacts of workplace heat exposure: an epidemiological review/ J. Xiang, ...[et.al.], Industrial Health, 2014, 52, 91-101 (review article)

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4202759/pdf/indhealth-52-091.pdf>
(Πρόσβαση, 20/05/2020)

The health of the workers in a rapidly developing country : effects of occupational exposure to noise and heat / J. Gomes, O. Lloyd, N. Norman, Occupational Medicine, 2002, 52(3), σ. 121-128
(ειδική συλλογή άρθρων 426)

Heat – the case for a maximum temperature at work/ TUC, Health and Safety Time for Change : reclaiming health and safety at work, 4 p.

<https://www.tuc.org.uk/sites/default/files/Temperature.pdf> (Πρόσβαση, 20/05/2020)

Heat balance when wearing protective clothing / G. Havenith, The Annals of Occupational Hygiene, 1999, 43(5), σ. 289-296

Heat exhaustion in a deep underground metalliferous mine / M. Donoghue, M.J. Sinclair, G.P.Bates, Occupational and Environmental Medicine, 2000, 57(3), σ. 165-174

Heat stress : how is it regulated?/ C. Peterson, Occupational Health and Safety, 2002, 71(5), σ. 108-111

Heat stress and cardiovascular, hormonal and heat shock proteins in humans / M. Iguchi, ...[et.al.], Journal of Athletic Training, 2012, 47(2), 184-190

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3418130/pdf/i1062-6050-47-2-184.pdf>
(Πρόσβαση, 20/05/2020)

Heat stress assessment in artistic glass units/ F.R. d'Ambrosio Alfano, ...[et.al.], Industrial Health, 2018, 56(2), 171-184

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5889937/pdf/indhealth-56-171.pdf>
(Πρόσβαση, 20/05/2020)

Heat stress awareness guide / Occupational Health Clinics for Ontario Workers Inc., 2009
<https://www.ohcow.on.ca/edit/files/heatstressawareness/Heat%20Stress%20Awareness%20Guide.pdf>
(Πρόσβαση, 20/05/2020)

Heat stress and flame protective clothing in mine rescue brigadesmen : inter- and intraindividual variation of strain / B. Kampmann, G. Bresser, The Annals of Occupational Hygiene, 1999, 43(5), σ. 357-365

Heat stress and heat disorders, USA, American Society of Safety Engineers, 1984, 33 σ., ISBN 0-939874-62-8, (599)

Heat stress and protective clothing : an emerging approach from the United States / Thomas E. Bernard, The Annals of Occupational Hygiene, 1999, 43(5), σ. 321-327

Heat stress, health and well-being: findings from a large national cohort of Thai adults/ B. Tawatsupa, ...[et.al.], British Medical Journal Open, 2012, 2(6), 8 p.
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3532977/pdf/bmjopen-2012-001396.pdf>
(Πρόσβαση, 20/05/2020)

Heat stress in the workplace / L. Ramphal, Baylor University Medical Center Proceedings, 2000, 13(4), 349-350
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC1312229/pdf/bumc0013-0349.pdf>
(Πρόσβαση, 20/05/2020)

Heat stress in the workplace : a brief guide / HSE, 2013, 4 p.
<https://www.hse.gov.uk/pubns/indg451.pdf> (Πρόσβαση, 20/05/2020)

Heat stress level among construction workers / A. Farshad, ...[et.al.], Iranian Journal of Public Health, 2014, 43(4), 492-498
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4433731/pdf/IJPH-43-492.pdf>
(Πρόσβαση, 23/05/2020)

Heat stress management : case study in an aluminum smelter / R. Ronald, Thomas E. Bernard, International Journal of Industrial Ergonomics, 1999, 23(5-6), σ. 609-620

How to manage heat stress in the workplace / Workplace Safety North, 2019
<https://www.workplacesafetynorth.ca/news/news-post/how-manage-heat-stress-workplace>
(Πρόσβαση, 20/05/2020)

The hidden hazard of protective apparel/ J.P. Zeigler, Occupational Health and Safety, 2002, 71(1), σ. 55-56

A new approach for beating the heat/G. McLachlan, R. Aenchbacher, Occupational Health and Safety, 2002, 71(3), σ. 81-82, 104

NIOSH and private groups turn up the temperature on OSHA for a heat stress standard/ A. Meyerstein, 2018
<https://www.safetylewmatters.com/2018/09/niosh-and-private-groups-turn-up-the-temperature-on-osha-for-a-heat-stress-standard/> (Πρόσβαση, 20/05/2020)

Occupational heat stress assessment and protective strategies in the context of climate change/ C. Gao, ...[et.al.], International Journal of Biometeorology, 2018, 62(3), 359-371
https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5854720/pdf/484_2017_Article_1352.pdf
(Πρόσβαση, 20/05/2020)

Occupational heat stress in Australian workplaces/ O. Jay, J.R. Brotherhood, Temperature, 2016, 3(3), 394-411)
<https://www.tandfonline.com/doi/pdf/10.1080/23328940.2016.1216256?needAccess=true>
(Πρόσβαση, 20/05/2020)

Occupational heat stress impact on health and productivity in a steel industry in southern India / Krishnamurthy, ...[et.al.], Safety & Health at Work, 2017, 8(1), 99-104
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5355557/pdf/main.pdf> (Πρόσβαση, 20/05/2020)

Occupational Heat Stress Profiles in Selected Workplaces in India/ V. Venugopal, ...[et.al.], International Journal of Environmental Research and Public Health, 2016, 13(1): 89
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4730480/pdf/ijerph-13-00089.pdf>
(Πρόσβαση, 20/05/2020)

Palatability ratings of different beverages of heat exposed workers in a simulated hot industrial environment / Anthony J. Clapp, ...[et.al.], International Journal of Industrial Ergonomics, 2000, 26(1), σ. 57-66

Perceptions of workplace heat exposure and controls among occupational hygienists and relevant specialists in Australia/ J. Xiang, PloS One, 2015, 12 p.
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4546008/pdf/pone.0135040.pdf>
(Πρόσβαση, 20/05/2020)

Perceived heat stress and health effects on construction workers/ P. Dutta, ...[et.al.], Indian Journal of Occupational & Environmental Medicine, 2015, 19(3), 151-158
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4765254/> (Πρόσβαση, 20/05/2020)

A pilot field evaluation on heat stress in sugarcane workers in Costa Rica : What to do next?/ J. Crowe, B.W. Joode, C. Wesseling, Global Health Action, 2009, 2, 10 p.
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2799305/pdf/GHA-2-2062.pdf>
(Πρόσβαση, 20/05/2020)

Preventing heat-related illness among agricultural workers/ L.L. Jackson, H.R. Rosenberg, Agromedicine, 2010, 15(3), 200-215

Preventing heat-related illness or death of outdoor workers /CDC, NIOSH, 2013, 4 p.
<https://www.cdc.gov/niosh/docs/wp-solutions/2013-143/pdfs/2013-143.pdf?id=10.26616/NIOSHPUB2013143> (Πρόσβαση, 20/05/2020)

Prevention of heat illness in mines/ HSE, 2006, 14 p.
<https://www.hse.gov.uk/pubns/mines07.pdf> (Πρόσβαση, 20/05/2020)

Reducing the hazards of high heat : a new fabric technology is put to the test and comes up a winner / S. Bumbarger, Occupational Health and Safety, 2000, 69(5), σ. 44-50

The risk of heat exhaustion at a deep underground metalliferous mine in relation to body-mass index and predicted VO₂max / A.M. Donoghue, G.P. Bates, Occupational Medicine, 2000, 50(4), σ. 259-263

The risk of heat exhaustion at a deep underground metalliferous mine in relation to surface temperatures / A.M. Donoghue, G.P. Bates, Occupational medicine, 2000, 50(5), σ. 334-33

Screening for heat stress in workers and athletes / L. Ramphal-Naley, Baylor University Medical Center Proceedings, 2012, 25(3), 224-228
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3377285/pdf/bumc0025-0224.pdf>
(Πρόσβαση, 20/05/2020)

Stay cool when working in the heat : how can I keep my workers protected in hot weather? / L. King, Safety + Health, 2018
<https://www.safetyandhealthmagazine.com/articles/16864-stay-cool-when-working-in-the-heat>

(Πρόσβαση, 20/05/2020)

Taking control : an employer simply cannot afford to lose an employee, or more than one because of heat / Jason Hensel, Occupational Health and Safety, 2000, 69(3), σ. 72-74

Temperature at work/UNISON, Health and Safety Information Sheet, 2014, 7 p.

<https://www.unison.org.uk/content/uploads/2014/08/TowebTemperature-at-Work-Information-Sheet-Aug14-update2.pdf> (Πρόσβαση, 20/05/2020)

Thirst quenchers cool the summer worker : keeping hydrated to beat the heat is an absolute necessity. Commercial products work well, as does a home recipe for a quick quencher / J.M. Kendrick, Occupational Health and Safety, 1997, 66(7), σ. 45-46

TLV for heat stress and strain/ ACGIH, Threshold limit values for Chemical Substances and Physical Agents & Biological Exposure Indices, 2020

TLValues for physical agents (TLV-PA) Committee/T.E. Bernard, ACGIH, 2006

https://www.acgih.org/docs/default-source/presentations/2006/04_tlv-pa-update_aihce06.pdf?sfvrsn=c9fbdf0d_2

(Πρόσβαση, 20/05/2020)

Type A lactic acidosis in occupational heat exhaustion / A.M. Donoghue, Occupational Medicine, 2003, 53(2), σ.139-142

Understanding the dangers of heat stress/ Langdon Dement, Safety + Health, 2017

<https://www.safetyandhealthmagazine.com/articles/15818-understanding-the-dangers-of-heat-stress>
(Πρόσβαση, 23/05/2020)

What can we learn about workplace heat stress management from a safety regulator complaints database?/ A. Hansen, ...[et.al.], International Journal of Environmental Research and Public Health, 2018, 15(3), 459

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5877004/pdf/ijerph-15-00459.pdf>

Why some workers boil over wearing cooling garments / S. Corcoran, Occupational Health and Safety, 2002, 71(5), σ. 104-106

Workers health and productivity under occupational heat strain : a systematic review and meta-analysis/ A.D. Flouris, ...[et.al.], The Lancet Planetary Health, 2018, 2(12)

[https://www.thelancet.com/journals/lanph/article/PIIS2542-5196\(18\)30237-7/fulltext](https://www.thelancet.com/journals/lanph/article/PIIS2542-5196(18)30237-7/fulltext)
(Πρόσβαση, 20/05/2020)

Working on a warmer planet : the effect of heat stress on productivity and decent work / T. Kjellstrom, ...[et.al.]- Geneva : ILO, 2019 .- 98 p. ISBN 978-92-2-132967-1 (print) ISBN 978-92-2-132968-8 (web pdf)

https://www.ilo.org/wcmsp5/groups/public/---dgreports/---dcomm/---publ/documents/publication/wcms_711919.pdf (Πρόσβαση, 20/05/2020)

Workplace heat stress, health and productivity – an increasing challenge for low and middle-income countries during climate change/ T. Kjellstrom, I. Holmer, B. Lemke, Global Health Action, 2009, 2, 6 p.

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2799237/pdf/GHA-2-2047.pdf>

(Πρόσβαση, 20/05/2020)

Αντιμετώπιση της θερμικής καταπονήσεως των εργαζομένων κατά το θέρος, εγκύκλιος 130427/26.6.90 / Υπ. Εργασίας, Δελτίον Εργατικής Νομοθεσίας, 2004, (1430), σ. 1017-1019,1021

Αντιμετώπιση της "θερμικής καταπόνησης" των εργαζομένων, που οφείλεται σε περιπτώσεις έκτακτης ανάγκης κατά το θέρος (καύσωνας) / Σ. Δρίβας, 4 σ. (Ειδική συλλογή άρθρων 243)

Αντιμετώπιση της θερμικής καταπόνησης των εργαζομένων κατά το θέρος : σχετ: 130329/3.7.95 εγκύκλιος του Υπουργείου Εργασίας, 9 σ., (Ειδική συλλογή άρθρων 244)

Αντιμετώπιση της θερμικής καταπόνησης των εργαζομένων, λόγω καύσωνα / ΤΕΕ - Γραφείο ασφάλειας και υγείας στην εργασία, Ενημερωτικό δελτίο ΤΕΕ, 2002, (2209), σ. 6

Θέματα υγείας και ασφάλειας της εργασίας για επιχειρήσεις γ' κατηγορίας (αρθ.10, N.3850/2010).- 3η εκδ.- Αθήνα: ΕΛΙΝΥΑΕ, 2013.- 228 σ. ISBN 978-960-6818-28-8

http://www.elinyae.gr/sites/default/files/2019-07/g_kat_opt.1397476414453.pdf

(Πρόσβαση, 20/05/2020)

Θερμική ανταλλαγή / Μ. Σαρηβαλάσης, σ. 107-114, Η εισήγηση περιλαμβάνεται στο τεκμήριο με ΑΡΕ : 1511, Τμήμα του: Υγιεινή και ασφάλεια στους χώρους εργασίας

Θερμική καταπόνηση εργαζομένων / Πανελλήνιο Σωματείο Ειδικευμένων Ιατρών Εργασίας, 2013
<https://iatroi-ergasias.gr/thermiki-kataponisi-ergazomenwn/> (Πρόσβαση, 20/05/2020)

Θερμική καταπόνηση (heat stress) : έλεγχος του θερμικού περιβάλλοντος σε ένα βιομηχανικό χώρο με χρήση του δείκτη WBGT / Έ. Βαφείδου, 50 σ., (Ειδική συλλογή άρθρων 118)

Θερμική καταπόνηση : πως να μετρήσετε τις παραμέτρους του εργασιακού περιβάλλοντος που καθορίζουν την θερμική καταπόνηση, Δράση για Υγιεινή και Ασφάλεια της Εργασίας, Προστασία Περιβάλλοντος, 1999, 85, σ. 2

Θερμική καταπόνηση των εργαζομένων κατά το θέρος/ Σπ. Δρίβας, Θ. Σαμαράς, (Πυξίδα για την υγεία και την ασφάλεια. 6), Υγιεινή & Ασφάλεια της Εργασίας, 2001, 7, σ. 7-10

Θερμικό περιβάλλον και εργασία : εργασία σε υψηλές θερμοκρασίες / Παπαδόπουλος Στυλιανός, Ιατρική της εργασίας : υγιεινή και ασφάλεια στην εργασία, 1989, 1(2), σ. 85-91

Θερμό περιβάλλον εργασίας στον τομέα HORECA / Ευρωπαϊκός Οργανισμός για την Ασφάλεια και την Υγεία στην Εργασία, E – Facts; 27, 2008, 9 σ.

Στο εργοτάξιο με αντίπαλο τον ήλιο : ποιες οδηγίες για την αντιμετώπιση της θερμικής καταπόνηση των εργαζομένων κατά το θέρος εξέδωσε το Σώμα Επιθεώρησης Εργασίας του Υπ. Απασχόλησης, Εργοταξιακά θέματα, 2007, (133), σ. 18-20

Υγεία και ασφάλεια στην εργασία, Αθήνα, Υπουργείο Εργασίας, 1987, 688 σ.

ΧΡΗΣΙΜΕΣ ΔΙΑΣΥΝΔΕΣΕΙΣ

(Πρόσβαση, 20/05/2020)

1. CCOHS

Temperature conditions – hot

https://www.ccohs.ca/oshanswers/phys_agents/max_temp.html

Working in the heat infographic

https://www.ccohs.ca/products/posters/working_heat/

2. CDC/NIOSH

Heat stress

<https://www.cdc.gov/niosh/topics/heatstress/default.html>

3. Government of Western Australia. Department of Health

Guidelines for working in heat

<https://ww2.health.wa.gov.au/-/media/Files/Corporate/Policy-Frameworks/Unallocated/Policy/Guidelines-for-Working-in-Heat/IC136-Guidelines-for-Working-in-Heat.ashx>

4. Government of Western Australia. Department of Mines, Industry Regulation and Safety

Working safely in hot conditions\

<https://www.commerce.wa.gov.au/worksafe/working-safely-hot-conditions>

5. Fit for Work

Working in the heat

<https://fitforwork.org/blog/coping-with-the-heat-in-the-workplace/>

6. Health Day. News for Healthier Living

Working in extreme heat

<https://consumer.healthday.com/encyclopedia/work-and-health-41/occupational-health-news-507/working-in-extreme-heat-646988.html>

7. HEAT SHIELD (Research Project)

<https://www.heat-shield.eu/>

8. HSE

Heat stress

<https://www.hse.gov.uk/temperature/heatstress/index.htm>

Heat stress check list

<https://www.hse.gov.uk/temperature/assets/docs/heat-stress-checklist.pdf>

9. IOWA State University

Heat stress in the workplace

<https://www.ehs.iastate.edu/services/occupational/heat-stress/workplace>

10. Occupational Health and Safety Council of Ontario's (OHSCO)**Heat Stress Awareness Toolkit** <https://www.ohcow.on.ca/heat-response-handouts.html>**11. OSHA****Protecting workers from heat stress**<https://www.osha.gov/Publications/osha3154.pdf>**Heat**<https://www.osha.gov/SLTC/heatstress/>**Heat stress**https://www.osha.gov/dts/osta/otm/otm_iii/otm_iii_4.html**OSHA-NIOSH Heat Safety Tool App**<https://www.cdc.gov/niosh/topics/heatstress/heatapp.html>**12. Safe Work Australia****Guide for managing the risks of working in heat**<https://www.safeworkaustralia.gov.au/doc/guide-managing-risks-working-heat>**13. Society Insurance****Safety tips for working in the heat**<https://blog.societyinsurance.com/10-safety-tips-for-working-in-hot-weather/>**14. Southeastern Coastal Center for Agricultural Health and Safety****Heat stress**<http://www.sccahs.org/index.php/ag-health-safety-topics/heat-stress/>**15. UFCW****Preventing heat stress at work**<http://safetyandhealth.ufcw.org/committeeguide/heat/heatstress/>**16. WorkSafe BC****Heat stress**<https://www.worksafebc.com/en/health-safety/hazards-exposures/heat-stress>**17. WorkSafe Victoria****Working in heat : guidance note**<https://content.api.worksafe.vic.gov.au/sites/default/files/2018-06/ISBN-Working-in-heat-2012-07.pdf>**18. Zurich****Five steps for preventing heat stress in the workplace**<https://www.zurich.com/en/knowledge/topics/seasonal-hazards/five-steps-for-preventing-heat-stress-in-the-workplace>**19. Business Confederation of the North of Madrid — CENOR****Prevention tips: heat stress at work (video)**<https://www.youtube.com/watch?v=rcLtRLvS908&feature=youtu.be>

20. GEP

Προστασία από θερμική καταπόνηση

https://www.aueb.gr/sites/default/files/aueb/docs/Heat_Stress_2017.pdf

21. ΣΕΠΕ

<https://www.sepenet.gr/liferayportal/documents/20181/27584/2015+20716+PROLHCH+THERMIKIS+KATAPONISIS+ERGAZOMENVN+KALOKAIRI.pdf/c3d61e88-e2af-4ca8-a1bf-52a04389bd95>

22. Ο Napo σε συνθήκες ...θερμικής καταπόνησης (η μονομαχία)

<https://www.napofilm.net/en/napos-films/napo-and-heat-stress>

23. Ο Napo σε συνθήκες ... θερμικής καταπόνησης (Από τα λόγια στην πράξη)

<https://www.napofilm.net/el/napos-films/napo-and-heat-stress/walk-talk>