

# Ψυχοκοινωνικοί κίνδυνοι στην εργασία



ΣΕΙΡΑ: ΤΕΚΜΗΡΙΩΣΗ ΥΑΕ 36

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Το θεματικό βιβλιογραφικό δελτίο περιλαμβάνει μονογραφίες και άρθρα που αφορούν στους **Ψυχοκοινωνικούς Κινδύνους στην Εργασία** και αποτελούν μέρος της συλλογής της Βιβλιοθήκης του ΕΛ.ΙΝ.Υ.Α.Ε, καθώς και χρήσιμες διασυνδέσεις. Αρκετές αναφορές είναι σε ηλεκτρονική μορφή και μπορεί ο ενδιαφερόμενος να έχει άμεση πρόσβαση στο ντοκουμέντο.

Το δελτίο υπάρχει στον ιστότοπο του ΕΛ.ΙΝ.Υ.Α.Ε <http://www.elinyae.gr/>

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**Ψυχοκοινωνικοί κίνδυνοι στην εργασία/** Κυπριακή Δημοκρατία. Τμήμα Επιθεώρησης Εργασίας  
<http://www.mlsi.gov.cy/mlsi/dli/dliup.nsf/All/69FE35342D7E7E96C2257DF00036C157?OpenDocument>  
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**Ψυχοκοινωνικοί κίνδυνοι και άγχος στην εργασία /** Ευρωπαϊκός Οργανισμός για την Ασφάλεια και την Υγεία στην Εργασία <https://osha.europa.eu/el/themes/psychosocial-risks-and-stress> (Πρόσβαση 22/10/2020)

**Ψυχοκοινωνικοί κίνδυνοι στην εργασία - ιστορικό/** Επιτροπή Ανωτέρων Επιθεωρητών Εργασίας (SLIC)  
[http://www.mlsi.gov.cy/mlsi/dli/dliup.nsf/All/69FE35342D7E7E96C2257DF00036C157/\\$file/Psichokinoniki\\_kindini\\_stin\\_ergasia\\_istoriko.pdf](http://www.mlsi.gov.cy/mlsi/dli/dliup.nsf/All/69FE35342D7E7E96C2257DF00036C157/$file/Psichokinoniki_kindini_stin_ergasia_istoriko.pdf) (Πρόσβαση, 23/10/2020)

**Ψυχοκοινωνικοί παράγοντες. Γενικό ερωτηματολόγιο για ψυχοκοινωνικούς παράγοντες στην εργασία/** ΕΛΙΝΥΑΕ, Υγιεινή & Ασφάλεια της Εργασίας (Πυξίδα), 2013, 54, 23-24  
[https://www.elinyae.gr/sites/default/files/2019-07/teuxos\\_54\\_Opt.1382093503906.pdf](https://www.elinyae.gr/sites/default/files/2019-07/teuxos_54_Opt.1382093503906.pdf) (Πρόσβαση, 04/11/2020)

## ΧΡΗΣΙΜΕΣ ΔΙΑΣΥΝΔΕΣΕΙΣ

(Πρόσβαση, 09/11/2020)

### European Agency for Safety and Health at Work (EU OSHA)

Psychosocial risks and stress at work  
<https://osha.europa.eu/en/themes/psychosocial-risks-and-stress>

NAPO  
[https://www.napofilm.net/el/napos-films/films?f%5B0%5D=field\\_combined\\_tags%3A2811&view\\_mode=page\\_grid&page=2](https://www.napofilm.net/el/napos-films/films?f%5B0%5D=field_combined_tags%3A2811&view_mode=page_grid&page=2)

Increasing workers wellbeing through management of psychosocial risks at work and workplace health promotion  
<https://rm.coe.int/increasing-workers-wellbeing-through-management-of-psychosocial-risks-/168075fe14>

E-guide to managing stress and psychosocial risks  
<https://osha.europa.eu/en/tools-and-resources/e-guides/e-guide-managing-stress-and-psychosocial-risks>

### OSHWIKI

Management of psychosocial risks in European workplaces - evidence from the second European survey of enterprises on new and emerging risks (ESENER-2)  
[https://oshwiki.eu/wiki/Management\\_of\\_psychosocial\\_risks\\_in\\_European\\_workplaces\\_-\\_evidence\\_from\\_the\\_second\\_European\\_survey\\_of\\_enterprises\\_on\\_new\\_and\\_emerging\\_risks\\_\(ESENER-2\)](https://oshwiki.eu/wiki/Management_of_psychosocial_risks_in_European_workplaces_-_evidence_from_the_second_European_survey_of_enterprises_on_new_and_emerging_risks_(ESENER-2))

### European Foundation for the Improvement of Living and Working Conditions (EUROFOUND)

Psychosocial risks <https://www.eurofound.europa.eu/topic/psychosocial-risks>



Rise in psychosocial risk factors at the workplace

<https://www.eurofound.europa.eu/publications/article/2009/rise-in-psychosocial-risk-factors-at-the-workplace>

### **Health and Safety Executive (HSE)**

What are psychosocial risk factors?

<https://www.hse.gov.uk/msd/mac/psychosocial.htm>

### **European Trade Union Confederation (ETUC)**

An ETUC resolution on actions for combatting stress and eliminating psychosocial risks in the workplace: putting an EU Directive on the agenda

<https://www.etuc.org/en/document/etuc-resolution-actions-combatting-stress-and-eliminating-psychosocial-risks-workplace>

### **International Labour Organization (ILO)**

Psychosocial risks and work-related stress

[https://www.ilo.org/global/topics/safety-and-health-at-work/areasofwork/workplace-health-promotion-and-well-being/WCMS\\_108557/lang--en/index.htm](https://www.ilo.org/global/topics/safety-and-health-at-work/areasofwork/workplace-health-promotion-and-well-being/WCMS_108557/lang--en/index.htm)

### **Australian Government**

Psychosocial hazards

<https://www.comcare.gov.au/safe-healthy-work/prevent-harm/psychosocial-hazards>

### **IOSH**

Psychosocial risks

<https://iosh.com/resources-and-research/our-resources/psychosocial-risks/>

### **Canadian Centre for Occupational Health and Safety (CCOHS)**

Mental health – psychosocial risk factors in the workplace

[https://www.ccohs.ca/oshanswers/psychosocial/mentalhealth\\_risk.html](https://www.ccohs.ca/oshanswers/psychosocial/mentalhealth_risk.html)

### **World Health Organizations (WHO)**

Psychosocial risk factors and hazards

[https://www.who.int/occupational\\_health/topics/risks\\_psychosocial/en/](https://www.who.int/occupational_health/topics/risks_psychosocial/en/)